

**PG-292**

**MCP-23**

**M.Sc. DEGREE EXAMINATION —  
JANUARY 2015.**

**Second Year**

**Counselling and Psychotherapy**

**PSYCHOTHERAPIES**

**Time : 3 hours**

**Maximum marks : 75**

**PART A — (3 × 5 = 15 marks)**

**Answer any THREE questions, each in 1 page.**

1. Explain Gestalt psychotherapy.
2. Write short note on existential therapy.
3. Discuss the strokes and script writing.
4. What is family therapy?
5. Give short note on child psychoanalysis.

PART B — (4 × 15 = 60 marks)

Answer any FOUR questions, each in 4 pages.

6. Describe psychoanalytic therapy in detail.
  7. Explain the basic concepts and conditions that bring about psychological changes in client centered therapy.
  8. What is transactional analysis? Mention its types.
  9. What is group therapy? Explain its principles and major variants of group psychotherapy.
  10. Give a detailed account on eastern psychotherapies.
  11. Describe cognitive therapy with examples.
  12. Explain child psychoanalysis in detail. How to give therapy for children?
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