

**PG-291**

**MCP-22**

**M.Sc. DEGREE EXAMINATION —  
JANUARY 2015.**

**Second Year**

**Counselling And Psychotherapy**

**BEHAVIOUR THERAPIES**

**Time : 3 hours**

**Maximum marks : 75**

**PART A — ( $3 \times 5 = 15$  marks)**

Answer any **THREE** questions, each in 1 page.

1. Explain skilled Vs performance deficit.
2. What is implosive training?
3. Write a short note on Rational emotive therapy.
4. State the schedules of reinforcement.
5. Describe exposure and response prevention with examples.

**PART B — ( $4 \times 15 = 60$  marks)**

Answer any **FOUR** questions, each in 4 pages.

6. Elaborate the cognitive behaviour therapy.
7. Explain obesity management in detail.

8. Mention some extinction procedures with suitable examples.
  9. Describe Aversive therapy and its procedure.
  10. What is classical conditioning? Explain the applications of classical conditioning in treatment.
  11. What is Assertive training? Write about its method and procedure.
  12. Discuss the systematic desensitization in detail.
-