

**M.Sc. DEGREE EXAMINATION —
JANUARY 2015.**

First Year

COUNSELLING AND HEALTH PSYCHOLOGY

Time : 3 hours

Maximum marks : 75

PART A — ($3 \times 5 = 15$ marks)

Answer any THREE questions.

Each answer not to exceed 1 page.

1. Explain counsellor-counsee relationship.
2. Write short notes on Electric approach.
3. What is AIDS?
4. How do you give vocational and career counseling for the students?
5. Discuss about REBT.

PART B — ($4 \times 15 = 60$ marks)

Answer any FOUR questions, each in 4 pages.

6. Explain in detail about the steps and purposes of counseling.
7. Describe stress related disorder.

8. Elaborate the psychoanalytic approach.
 9. Discuss the common sense model of illness and their effects?
 10. Mention the techniques of counseling in detail.
 11. What is transactional analysis? Explain in detail.
 12. What is pain? Discuss about the theory of pain.
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