

**M.Sc. DEGREE EXAMINATION —
JANUARY, 2015.**

First Year

Counselling and Psychotherapy

PSYCHOPATHOLOGY AND MENTAL HEALTH

Time : 3 hours

Maximum marks : 75

PART A — ($3 \times 5 = 15$ marks)

Answer any THREE questions.

Each answer not to exceed 1 page.

1. Describe the concept of abnormality.
2. Give a concise picture of Somatoform disorders.
3. Write briefly about the meaning, types and diagnosis of insomnia.
4. Describe multiaxial system used to diagnose abnormal behaviour.
5. Sketch the characteristics of a mentally healthy person.

PART B — ($4 \times 15 = 60$ marks)

Answer any FOUR questions.

Each answer not to exceed 4 pages.

6. Outline the symptoms, causes and treatment of mental retardation.
7. Explain the symptoms, diagnosis and subtypes of Schizophrenia.
8. Write in detail about eating disorders of adolescence, their causes and physiological implications.
9. Elaborate the types of psychological tests commonly used in diagnosis of abnormal behaviour.
10. Elucidate the meaning and process of clinical audit.
11. Describe the medical and non-medical therapies available for the treatment of panic disorder.
12. Examine the various models of mental health.