

**ADVERTISEMENT FOR RECRUITMENT OF MERITORIOUS SPORTSPERSONS IN
BORDER SECURITY FORCE AGAINST SPORTS QUOTA**

Applications are invited from the Male citizens of India to fill up 90 vacancies of Constable (GD) against Sports Quota in BORDER SECURITY FORCE. The discipline wise details of vacancies is as under.

| SL NO. | DISCIPLINE | VACANCY |
|--------|--|-----------|
| | Individual event | |
| 1. | Archery | 05 |
| 2. | Athletic | 15 |
| 3. | Swimming, Water Polo & Diving | 09 |
| 4. | Boxing | 02 |
| 5. | Gymnastics | 05 |
| 6. | Judo | 03 |
| 7. | Rowing, Kayaking & Canoeing | 05 |
| 8. | Weightlifting | 05 |
| 9. | Wrestling (Free Style & Greco Roman) | 06 |
| 10. | Equestrian | 02 |
| 11. | Shooting | 05 |
| | Total (Individual event) | 62 |
| 12. | Basketball | 05 |
| 13. | Football | 04 |
| 14. | Handball | 05 |
| 15. | Hockey | 05 |
| 16. | Kabaddi | 05 |
| 17. | Volleyball | 04 |
| | Total (Team event) | 28 |
| | Grand Total | 90 |

Note:-


The number of vacancies as shown above is tentative and is subject to change at any stage.

2. PAY SCALE

Constable (GD) : PB-1: Rs. 5200-20200 plus Grade Pay of Rs. 2000 & other allowances admissible to Central Government Employees from time to time under the rule.

3. Place of duty

: Anywhere within as well outside the Territory of India.



4. New Contributory pension scheme from Central Govt employees which has come into effect from 01/01/2004 will be applicable to all selected candidates.

5. **ELIGIBILITY CONDITIONS**

A) Age : Between 18 to 23 years as on 1st August 2013.

Relaxation:-

Upper age limit is relaxable up to 5 years from SC/ST and 3 years for OBC category candidates will be applicable as per GOI's instructions. In addition.


- i) The Children and dependent family members of those who killed in the riots of 1984 and in the communal riot of 2002 in Gujrat State would be eligible for relaxation in age by 5 years. If the application belongs to SC/ST and OBC category, the relaxation so provided will be in addition to the age relaxation. To obtain this relaxation, a certificate from the concerned District Magistrate of the district where the victim on whom the candidate is dependent was killed, should be produced at the time of reporting at Recruitment Centre for recruitment process.
- ii) 5 years in the upper age limit will relaxable to all persons who had ordinarily been domiciled in the State of Jammu & Kashmir during the period from 01/01/1980 to 31/12/1989. Candidates intend to avail this relaxation has to produce required certificate issued by the following authorities:-
- a) The district magistrate within whose jurisdiction, he had ordinarily resided;

OR

- b) Any other authority designated on his behalf by the Govt. of Jammu and Kashmir.

b) **Educational qualification**

Constable (GD) : Matriculation or 10th class pass from a recognized Board/ University.



c) **Physical Standards**

The candidate must meet the following requirement:-

| Description | Height | Chest | Weight |
|---|--------------|---|---|
| General Candidate | 170 Cms | Unexpanded 80 Cms Expanded: Minimum expansion should be 5 Cms. | Proportional to height and age as per medical standards. |
| Candidates falling in the categories of Garhwalis, Kumaonies, Dogras, Marathas and candidates belonging to the state of Assam, Himachal Pradesh, Jammu & Kashmir | 165 Cms | Unexpanded 78 Cms Expanded: Minimum expansion should be 5 Cms. | |
| Candidates hailing from North-Eastern States of Arunachal Pradesh Manipur, Meghalaya, Mizoram Nagaland, Sikkim & Tripura and candidates hailing from Gorkha Territorial Administration (GTA) comprising of three Sub-division of Darjeeling District Namely Darjeeling, Kalimpong and Kurseong and includes the following Mouazas sub division of three districts (1) Lohagarh Tea Garden (2) Lohagarh Forest (3) Rangmohan (4) Barachenga (5) Panighata (6) Chota Adalpur (7) Pharu (8) Sukna Forest (9) Sukna Par – I (10) Pantapati Forest (11) Mahanadi Forest (12) Champasari Forest (13) Salbari Chhat Part – II (14) Sitong forest (15) Sivok Hill Forest (16) Siboke Forest (17) Chhotachenga (18) Nipania | 162.5 Cms | Unexpanded 77 Cms Expanded: Minimum expansion should be 5 Cms. | |
| All candidates belonging to Scheduled Tribes | 162.5 Cms | Unexpanded 76 Cms Expanded: Minimum expansion should be 5 Cms | |
| For Schedule Tribe candidates hailing from the North – Eastern State of Arunachal Pradesh, Meghalaya, Mizoram, Nagaland, Sikkim & Tripura and Left Wing Extremism affected districts | 160 Cms | Minimum expansion should be 5 Cms | |

d) **MEDICAL STANDARD**

Eye-Sight

Distant Vision:-

- The minimum distant vision should be 6/6 and 6/9 both eyes without correction i.e. without wearing of glasses.
- Should be free from colour blindness.
- The candidate must not have any defects like knock knee, stammering, flat foot, varicose veins or squint in eyes and they should possess high colour vision. They must be in good mental and bodily health and free from any physical defect likely to interfere with the efficient performance of the duties.

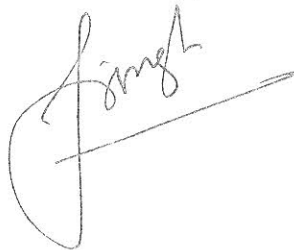


e) **Sports Qualification**

| Sl. | Post | Sports Qualification |
|-----|----------------|---|
| 1. | Constable (GD) | Sportsperson who have represented a State or the country in the National or International competition in any of the games/sports mentioned in the list at para-01 or Sportsperson who have represented their University in the Inter—University Tournaments conducted by the Inter-University Sports Board in any of the sports/games shown in the list at Para-01 or Sportspersons of merit who have represented State Schools Team in National Sports/Games for Schools conducted by the All India School Games Federation in any of the games/sports shown in the list at Para-01. |

6. **APPEAL AGAINST MEDICAL EXAMINATION**

- A candidate declared unfit for appointment in BSF in detailed Medical Examination, the grounds for rejection will be communicated to him by the Medical officer.
- The candidate, if not satisfied with the findings of the Medical officer, can submit an appeal to the appellate authority i.e. IG(Trg), Training Directorate , HQ DG BSF, 8th Floor, 10th Block, CGO Complex, Lodhi Road, New Delhi for review medical examination with a proof of his fitness in the form of a medical certificate in **Annexure-‘IV’**.
- The medical certificate will not be taken into consideration unless contains a note by the medical practitioner concerned to the effect that it has been given in full knowledge of the fact that the candidate has already been declared unfit by a Medical Officer for appointment in BSF.
- The appeal will also not be taken into consideration unless it contains medical re-examination fee of Rs. 50/- (Rupees Fifty) only through crossed IPO/Demand Draft/ Banker's Cheque in the favour of 'The Commandant 25 Bn BSF.
- The appeal against medical unfitness should be submitted within 15 days from the date of issue of the communication in which the findings of the Medical Officer are communicated to the candidate. The appeal received after prescribed 15 days will not be considered.
- The decision of the review medical board of BSF shall be final and no 2nd appeal for review medical examination will be entertained as per GOI's instructions and also no reply of the correspondences/2nd appeal will be given/entertained.



7. **DOMICILE STATUS**

The candidate should be citizen of India.

8. **HOW TO APPLY**

The eligible and desirous candidates should send their application in the prescribed proforma duly typed or neatly hand written as given in **Annexure-'I'** duly filled in on fulscape paper with two attested passport size photograph, one duly affixed on application form and one on the admit card at the space prescribed for the purpose and duly completed in all respect addressed to **"OIC(Sports) Chhawla C/O 25 Bn BSF, Chhawla Camp, Post Office Chhawla, New Delhi Pin Code 110071** within 30 days from the publication of this advertisement in Employment News super scribing on the envelope **"APPLICATION FOR THE RECRUITMENT OF SPORTSPERSON IN BSF AGAINST SPORTS QUOTA"** along with the required documents. However, candidate belonging to far flung areas of States of NE Region, Ladakh division of J&K, Sikkim, Pangi Sub- Division of Chamba district, Lahaul &Spiti district of Himachal Pradesh, A&N Island, Lakshdweep can submit their application up to 45 days from the publication of this advertisement in employment news. The application received after the last/due date will not be entertained and summarily rejected. Incomplete application, in any respect will be rejected summarily and no correspondence will be entertained on this account.

In addition, General/OBC category candidates are also required to deposit Rs. 50/- (Rupees Fifty) only as '**Application fees**' in the form of Crossed Indian Postal order/Demand Draft/ Banker's Cheque along with their application in favour of "The Commandant 25 Bn BSF". Candidates belonging to SC and ST are exempted from payment of application fee.

9. **Enclosure required to be attached with application**
Attested Copies of :-

- i) Education certificate.
- ii) Date of birth certificate.
- iii) Indian Postal order or Demand Draft for Rs. 50/- only (exempted for SC/ST) in favour of "Commandant 25 Bn BSF. In case of Postal order payable at Post office Chhawla and in case of Demand Draft payable at SBI BSF Chhawla New Delhi, Bank Code 10649.
- iv) SC/ST and OBC certificate, which should be on the format as prescribed in **Annexure-'V' & Annexure-'VI'** respectively.
- v) Two self-addressed envelopes of size 23x10 cms duly affixed with postage stamp of Rs 5/- bearing name and full address of the candidate with Pin code.



- vi) Form for issue of Admit Card (in full size paper) duly filled in and forwarded along with passport size photograph duly attested by a Gazetted officer with name, designation & seal as per Annexure-II.
- vii) Sports achievements Certificate of the sports discipline for which the candidate is applying.
- viii) 'No objection Certificate' issued by the Govt. /Semi Govt. department, in case the candidate is Govt. employee, as per format given in Annexure-III.

10. SELECTION PROCESS

All eligible candidates whose application form is found to be in order will be issued admit card/call letter to appear in the requirement process i.e. trial. Candidates will have to undergo the following process of recruitment:-

- a) Height Bar/Test
- b) Identity check
- c) Checking of Testimonials/documents
- d) Physical Standard Test
- e) Trial in respective sports discipline.
- f) Medical Examination.

11. GENERAL INSTRUCTIONS

- a) On appointment, the candidates shall be governed by the BSF Act and Rules as well as all such Govt instructions/rules as applicable.
- b) BSF shall not be responsible for damage/injury or loss to the individual, if any, sustained during the Trials/Journey.
- c) Candidates should come duly prepared to stay at their own arrangements for the purpose of recruitment.
- d) Candidate will have to appear for selection test at their own expenses and risk and no TA/DA will be admissible.
- e) Each candidate has to qualify the qualitative requirement prescribed and events during the trial/ test at the time recruitment.
- f) The standard of candidates in their respective sports/events will be ascertained on the basis of merit drawn after taking into consideration of last 03 years achievements.
- g) Preferences will be given to those candidates who have represented country in the recognized current International sports competitions or have won any medals



medals in Senior National/National Games during the year 2010 , 2011 & 2012 or Nos of participation in Senior Nationals.

- h) Final selection of the sportsperson will be done on the basis of their sports achievements, educational qualifications & qualitative requirement prescribed for recruitment of sportsmen. The decision of Board with regard to matters connected with this recruitment will be final in all respects and no further correspondence will be made with the rejected applications for the recruitment.
- i) All eligible candidates will be duly informed about the date and venue of the recruitment/trial test by post.
- j) The candidate finally selected for appointment shall be subjected to chest x-ray, pathological and other required test.
- k) The candidates on appointment will have to undergo prescribed basic training at Training Institution of BSF.
- l) After selection/appointment, if any candidate is found ineligible or guilty of suppressing facts on any score, his services will be terminated without assigning any reason thereof.
- m) Persons serving in Govt./Semi Govt. department may send their applications through their employers along with 'No objection Certificate' as per format given in Annexure-'III'.
- n) The original certificates of Games/Sports, caste, educational qualifications and other distinctions should be produced by the candidates before the Recruitment Board at the time of recruitment.
- o) All the posts are combatised and purely temporary but likely to continue.
- p) The director General, BSF reserves the right to make changes or cancel or postpone the recruitment without assigning any reason.
- q) Candidates may download application form/admit card and other details such as pay scale, eligibility criteria, process for applying for the post, recruitment process & trial test etc. from BSF website www.bsf.nic.in.

A handwritten signature in black ink, appearing to be 'Singh', with a long horizontal stroke extending to the right.

Annexure – I

**APPLICATION FOR THE POST OF CONSTABLE (GD) AGAINST SPORTS QUOTA
IN BORDER SECURITY FORCE**

(The application form should be filled neatly and legibly Block letters. It should be completed in all respects and should Be accompanied by certified copies of testimonials. Incomplete application will not be entertained).

Paste here a copy
of your recent
passport size
photograph(appx)
3.5x4.5 cms)only

1. Full Name (IN BLOCK LETTERS) : _____
2. Father's Name : _____
3. Religion i.e. Hindu/Muslim/Christian/
Sikh/Buddhist etc. : _____
4. Whether SC/ST/OBC/General : _____
5. Nationality (State whether by birth or
Domicile). : _____
6. Date of birth (in Christian era attach
Certified copy of matriculation/HR. Secy
or SSLC in support of age). : _____
7. Educational Qualification : _____
8. Permanent Address : _____

9. Present Address : _____

10. Discipline of Game/event playing : _____
11. Particulars of present employment : _____
If any with post and service number/
Name of Department etc.
12. Details of Sports achievements : _____
13. Details of criminal case, if any, pending/
lodged against him in any police station/ : _____
Hon'ble Courts of Law.
14. Value of IPO/Bank Draft with Number & : _____
date .
15. List of enclosures. : _____

DECLARATION

I do hereby declare that all statements made in this application are true, complete and correct to the best of my knowledge and belief. In the event of any information being found false or incorrect or ineligibility being detected before or after the test/interview, my candidature will stand cancelled and all my claims for the recruitment forfeited. I also understand that if at any stage I am found by the selection Board to have violated any of the Rules/Regulation governing the conduct of selection process, my candidature can be cancelled or be declared to have failed by the selection board at its sole discretion.

Place : _____

Date : _____

(Signature of Candidate)

ADMIT CARD

**APPLICATION FOR THE POST OF CONSTABLE (GD) AGAINST SPORTS QUOTA IN
BORDER SECURITY FORCE**

(To be filled in by the Office)

Roll No. _____

State _____

Paste here a copy of
your recent passport
size photograph
(approx. 3.5 X 4.5
cms) duly attested
by a GO

1. Name of candidate : _____
2. Father's name : _____
3. Date of Birth : _____
4. Postal address : _____
: _____
: _____
: _____
5. Whether Gen/SC/ST/OBC : _____
6. Name of the discipline (game) : _____

(Signature of Candidate)

TO BE FILLED BY OFFICE

1. Place of Rectt/Test : _____
2. Date and time of reporting : _____
3. General information : _____ (Copy enclosed)
4. Issued on : _____

Signature with Designation &
Office seal of Rectt Agency of BSF

NO OBJECTION CERTIFICATE

[Candidate already in Government service must submit their application through proper channel with the following certificate duly signed their employer agreeing to release them in case finally selected for the post of Constable/GD against Sports quota in BSF]

1. Certified that Shri _____ holds a permanent/ temporary post under Central/ State Govt.
2. Certified also that he has submitted his application to this Department/office on _____.
3. Certified also that Shri _____ will be relieved in case of his selection for the post of Constable/GD against sports quota in BSF.

Place _____

Date _____

Signature of head of Office/Competent Authority
With name & Designation with Office Seal

MEDICAL FITNESS CERTIFICATE

(To be submitted only along with appeal for re-medical examination)

I, Dr. certify that I have examined Shri
..... (Roll No) S/O Shri who has been
declared medically unfit due to in the recruitment of CT
GD against Sports quota in BSF. After careful examinations and investigation, it is
opined that Shri is / is not suffering from

2. This candidate is given in full knowledge of the fact that the candidate has
already been rejected being unfit for appointment by a Medical Officer.

(Signature of the candidate with Roll No. and name)

Signature of medical Officer
(With name and seal)

Registration No. _____
(MCI/State Medical Council)

Address _____

FORM OF CASTE CERTIFICATE FOR SC/ST

This is to certify that Shri*/Shrimati/Kumari _____ Son/Daughter of
 _____ Village/Town _____ /District/Division*
 _____ of the _____ State/Union Territory belongs to the
 _____ Caste*/Tribe which is recognized as a Schedule Caste/Tribe under:-

- * The Constitution Schedule Caste Order, 1950.
- * The Constitution Schedule Tribe Order, 1950.
- * The Constitution (Schedule Caste) (Union Territories) (Part C States) Order, 1951.
- * The Constitution (Schedule Tribes) (Union Territories) (Part C States) Order, 1951.
- [As amended by the Schedule Castes and Scheduled Tribes List (Modification Order, 1956, the Bombay Reorganization Act, 1960, the Punjab Reorganization Act, 1966, the State of Himachal Pradesh Act, 1970, the North Eastern Areas (Reorganization) Act, 1971 and the Schedule Castes and Scheduled Tribes Order (Amendment) Act, 1976.]
- * The Constitution (Jammu and Kashmir)* Scheduled Caste Orders, 1956.
- * The Constitution (Andaman and Nicobar Islands)* Scheduled Tribes Order, 1959, as amended by the Scheduled Castes and Scheduled Tribes Orders (Amendment) Act, 1976.
- * The Constitution (Dadra and Nagar Haveli)* Scheduled Castes Order, 1962.
- * The Constitution (Dadra and Nagar Haveli)* Scheduled Tribes Order, 1962.
- * The Constitution (Pondicherry) Scheduled Castes Order, 1964.
- * The Constitution (Uttar Pradesh) Scheduled Tribes Order, 1967.
- * The Constitution (Goa, Daman and Diu) Scheduled Castes Order, 1968.
- * The Constitution (Goa, Daman and Diu) Scheduled Tribes Order, 1968.
- * The Constitution (Nagaland) Scheduled Tribes Order, 1970.
- * The Constitution (Sikkim) Scheduled Caste Order, 1978.
- * The Constitution (Sikkim) Scheduled Tribes Order, 1978.
- * The Constitution (Jammu and Kashmir) Scheduled Tribes Order, 1989.
- * The Constitution (SC) Orders (Amendment) Act, 1990.
- * The Constitution (ST) Orders (Amendment) Ordinance Act, 1991.
- * The Constitution (ST) Orders (Amendment) Ordinance Act, 1996.
- * The Constitution (Scheduled Castes) Orders (Amendment) Act, 2002.
- * The Constitution (Scheduled Castes) Orders (Second Amendment) Act, 2002.
- * The Scheduled Castes and Scheduled Tribes Orders (Amendment) Act, 2002.

2. Applicable in the case of Scheduled Castes/Scheduled Tribes persons who have migrated from one State/Union Territory Administration.

This certificate is issued on the basis of the Scheduled Castes/Scheduled Tribes Certificate issued to Shri/Shrimati* _____ father/mother* _____ of
 Shri/Shrimati/Kumari _____ of Village/Town* _____
 in District _____ /Division* _____ of the _____ State/Union Territory*
 who belongs to the _____ Caste*/Tribe which is
 recognized as a Scheduled Caste/Scheduled Tribe in the State/Union Territory* issued by the
 _____ dated _____.

3. Shri/Shrimati/Kumari* and/or* his/her* family ordinarily reside(s) in Village/Town* _____
 District/Division* of the State/Union Territory* of _____.

Place _____
 Date _____

Signature _____
 Designation _____
 (With seal of Office)

State/Union Territory _____

* Please delete the words, which are not applicable.

@ Please quote specific Presidential Order.

% Delete the Paragraph, which is not applicable.

Note: (a) The term 'ordinarily reside'(s) used here will have the same meaning as in Section 20 of the Representation of the People Act, 1950.

The following Officers are authorized to issue caste certificate:

1. District Magistrate/Additional District Magistrate/Collector/Deputy Commissioner/Additional Deputy Commissioner/Deputy Collector/I* Class Stipendiary Magistrate/Sub Divisional Magistrate/Taluka Magistrate/ Executive Magistrate/ Extra Assistant Commissioner.
2. Chief Presidency Magistrate /Additional Chief Presidency Magistrate/ Presidency Magistrate.
3. Revenue Officer not below the rank of Tehsildar.
4. Sub-Divisional Officer of the area where the candidate and / or his family normally resides.
5. Certificate issued by Gazetted Officers of the Central or of a State Government countersigned by the District Magistrate concerned.
6. Administrators /Secretary to Administrator (Laccadive, Minicoy and Amindivi Islands).

FORM OF CERTIFICATE TO BE PRODUCED BY OTHER BACKWARD CLASSES APPLYING FOR APPOINTMENT TO POSTS UNDER GOVERNMENT OF INDIA

This is to certify that Shri/Smt/Kumari _____ Son/Daughter of
Shri/Smt _____ of village/Town _____

District/Division _____ in the _____ State belongs to the
_____ Community which is recognized as a backward class under :

- (i) Resolution No. 12011/68/93-BCC(C) dated 10/09/93 published in the Gazette of India Extraordinary Part I Section I No. 186 dated 13/09/93.
- (ii) Resolution No. 12011/9/94-BCC dated 19/10/94 published in the Gazette of India Extraordinary Part I Section I No. 163 dated 20/10/94.
- (iii) Resolution No. 12011/7/95-BCC dated 24/05/95 published in the Gazette of India Extraordinary Part I Section I No. 88 dated 25/05/95.
- (iv) Resolution No. 12011/96/94-BCC dated 09/03/96.
- (v) Resolution No. 12011/44/96-BCC dated 06/12/96 published in the Gazette of India Extraordinary Part I Section I No. 210 dated 11/12/96.
- (vi) Resolution No. 12011/13/97-BCC dated 03/12/97.
- (vii) Resolution No. 12011/99/94-BCC dated 11/12/97.
- (viii) Resolution No. 12011/68/98-BCC dated 27/10/99.
- (ix) Resolution No. 12011/88/98-BCC dated 06/12/99 published in the Gazette of India Extraordinary Part I Section I No. 270 dated 06/12/99.
- (x) Resolution No. 12011/36/99-BCC dated 04/04/2000 published in the Gazette of India Extraordinary Part I Section I No. 71 dated 04/04/2000.
- (xi) Resolution No. 12011/44/99-BCC dated 21/09/2000 published in the Gazette of India Extraordinary Part I Section I No. 210 dated 21/09/2000.
- (xii) Resolution No. 12015/9/2000-BCC dated 06/09/2001.
- (xiii) Resolution No. 12011/1/2001-BCC dated 19/06/2003.
- (xiv) Resolution No. 12011/4/2002-BCC dated 13/01/2004.
- (xv) Resolution No. 12011/9/2004-BCC dated 16/01/2006 published in the Gazette of India Extraordinary Part I Section I No. 210 dated 16/01/2006.
- (xvi) Resolution No. 12011/14/2004-BCC dated 12/03/2007 published in the Gazette of India Extraordinary Part I Section I No. 67 dated 12/03/2007.
- (xvii) Resolution No. 12015/2/2007-BCC dated 18/08/2010.
- (xviii) Resolution No. 12015/13/2010-BCC dated 08/12/2011.

Shri/Smt/Kumari _____ and / or his family ordinarily reside(s) in
the _____ District/Division of _____ State. This is also to certify
that he/she does not belong to the persons/ sections (Creamy layer) mentioned in Column 3 of the Schedule to
the Government of India. Department of Personnel & Training O.M. No.36012/22/93-Estt (SCT) dated 08/09/93
which is modified vide O.M. No. 36033/3/2004 Estt(Res) dated 09/03/2004 & dated 14/10/2008.

Dated: _____

District Magistrate/
Deputy Commissioner/Competent Authority
(With Seal)

Note:

- (a) The term 'Ordinarily' used here will have the same meaning as in Section 20 of the Representation of the People Act, 1950.
- (b) The Authorities competent to issue Caste Certificate are indicated below.
 - (i) District Magistrate/ Additional Magistrate/ Collector/ Deputy Commissioner/ Additional Deputy Commissioner/ 1st Class Stipendiary Magistrate/ Sub- Divisional Magistrate/ Taluka Magistrate / Executive Magistrate/ Extra Assistant Commissioner (not below the rank of 1st Class Stipendiary Magistrate).
 - (ii) Chief Presidency Magistrate/ Additional Chief Presidency Magistrate/ Presidency Magistrate.
 - (iii) Revenue Officer not below the rank of Tehsildar and
 - (iv) Sub-Divisional Officer of the area where the candidate and / or his family resides.

**QUALITATIVE REQUIREMENT FOR ENROLMENT OF SPORTSMEN
(ATHLETICS)**

| S.N | EVENTS | TIMINGS | REMARKS IF ANY |
|-----|---------------|------------------------|----------------|
| 1. | 100 Mtrs | 11 Sec | |
| 2. | 200 Mtrs | 22 Sec | |
| 3. | 400 Mtrs | 48 Sec | |
| 4. | 800Mtrs | 1.52 Sec | |
| 5. | 110 M Hurdles | 16.05 Sec | |
| 6. | 400 M Hurdles | 55.00 Sec | |
| 7. | 1500 Mtr | 04 Min: 00.00 Sec | |
| 8. | 3000 Mtr | 09Min: 00.00 Sec | |
| 9. | 5000 Mtr | 15 Min:00.00 Sec | |
| 10. | 10000 Mtr | 31 Min:00.00 Sec | |
| 11. | Marathon | 2 Hrs:25 Min:00 Sec | |
| 12. | 12 Km | 39 Min.30.00 Sec | |
| 13. | 20 Km | 1 Hr. 40 Min.00.00 Sec | |
| 14. | Shot Put | 14.00 M | |
| 15. | Discuss Throw | 48.00 M | |
| 16. | Hammer Throw | 55.00 M | |
| 17. | Javelin Throw | 69.00 M | |
| 18. | High Jump | 1.90 M | |
| 19. | Long Jump | 7.20 M | |
| 20. | Pole Vault | 4.00 M | |
| 21. | Triple Jump | 15.20 M | |
| 22. | Decathlon | 6000 Pts | |

Note:-

- The candidate should have clocked above timings, attained height or distance in the National Championship or National Games or Inter State or Inter University Championship or Junior Nationals or should have won gold medal in National School Games and should also achieve the same standard during the trial before the recruitment board.
- The recruitment board will also take care of following important aspects to ensure the utility of athlete in long run:-
 - Age.
 - Body posture.
 - Techniques adopted during the trials.
 - Priority will be given to the candidates below 22 years of age in the event of 100 m, 200 m, 400 m and 110& 400 m Hurdles.
- Final selection will be based on the performance given by the candidate in the trial test before board.

QUALITATIVE REQUIREMENT FOR ENROLMENT OF SPORTSMEN

(ARCHERY)

POINTS

| Event | Eligibility Criteria |
|--------------|----------------------|
| Recurve | 1175 and above |
| Compound | 1225 and above |
| Indian round | 575 and above |

PHYSICAL EFFICIENCY TEST (PET):-

- | | | | |
|-----|----------------|---|------------------------|
| (a) | Endurance test | - | 2.4 Km in 10Min 30 Sec |
| (b) | High Jump | - | 4 Feet |
| (c) | Long jump | - | 12 Feet |
| (d) | Push ups | - | 25 continuously |

Note:-

1. The candidate should have attained the above standard in National Championship or National Games or Inter State or Inter University Championship or Jr. Nationals and should also achieve the same standard during the trial before the recruitment board.
2. Physical Efficiency test will be only qualifying in nature and will not carry any marks.
3. Final selection will be based on the performance given by the candidate in the trial test.

QUALITATIVE REQUIREMENT FOR ENROLMENT OF SPORTSMEN
(BASKETBALL)

| Eligibility Criteria | Remarks if any |
|---|---|
| A playing member of a team participated in Senior National/ Junior National/ Inter University/ State Championship or member of medal winning team in School National. | |
| 1 <u>PHYSICAL EFFICIENCY TEST (PET)</u> | |
| (a) 2.4 K.M. | : 10 Minutes 30 Sec |
| (b) Sit Ups | : 25 or more Sit Ups in 30 Sec |
| (c) Push Ups | : 30 Continuously |
| (d) Board Jump | : 6 Feet |
| 2 <u>SKILL TEST</u> | |
| (a) Speed Test | :30 m Sprint in 4.30 to 4.85 Sec. |
| | (4.30 sec for the players of Ht upto 1.90 m |
| | and 4.85 sec for ht above 1.90 m). |
| (b) Vertical Jump & Reach | :45 to 58 Cms |
| (c) Shooting test | :14 to 17 attempts in one minute from different |
| | angles with at least 50% scoring. |
| (d) Layup shots | :10 layup shots (full court) with 80% |
| | conversion within 1.05 min. |
| (e) Games | : One full match with the team. The player will |
| | be made to play at the positions suits best to him. |

Note:-

1. Preference should be given to the players with a height above 185 Cms. However candidates with 178 Cms height and above can be considered as ball handler subject to his participation in National level Basketball championships.
2. A player with a height of 198 Cms, and above with lesser standards than that mentioned above but has the potential of becoming a good player of National and International standing, such promising talent so spotted should also be considered for enrolment as constable.
3. Physical efficiency test will be only qualifying in nature and will not carry any marks.
4. Final selection will be based on the performance rendered by the candidate in the trial test before board.

QUALITATIVE REQUIREMENT FOR ENROLMENT OF SPORTSMEN
(BOXING)

| Eligibility Criteria | Remarks |
|--|----------------|
| A candidate should have participated in Senior/Junior National Championship/Inter University Games or should be a Gold Medal winner in State/State School/National School Games. | |

PHYSICAL EFFICIENCY TEST

| Events | Below 73 Kg | Above 73 Kgs |
|-------------------------|--------------------------------------|--------------------------------------|
| Endurance test 24 Km | 10 Minutes 30 Sec | 11 Minutes |
| 100 Mtr Sprint | 15 Sec | 16 Sec |
| 1500 Mtr Run | 6.30 Sec | 7.30 Sec |
| Sit ups in 30 Sec | 25 Nos Continuously with leg support | 20 Nos Continuously with leg support |
| Dips in 30 Sec | 25 Nos | 20 Nos |
| Standing Broad Jump | 6 Feet | 6 Feet |

SKILL TEST

- | | | |
|---------------------|------------------|------------------------|
| a) Sparring (Bouts) | 3 x 1 x 3 Rounds | (As per the IBF rules) |
| b) Punching Pad | 3 x 1 x 3 Rounds | (As per the IBF rules) |

Note:-

1. Physical Efficiency test will be only qualifying in nature and will not carry any marks.
2. Final selection will be based on the performance rendered by the candidate in the trial test before board.

QUALITATIVE REQUIREMENT FOR ENROLMENT OF SPORTSMEN

(EQUESTRIAN)

| Eligibility Criteria | Remarks |
|---|----------------|
| <p>A playing member of team participating in Senior/Jr. National/Sr./Jr. International or Youth Games conducted by EFI. Individual Zonal./Regional Horse Show/State Championship.</p> <p>Individual participated in dresses, show jumping events, tent pegging. Endurance at Zonal. Regional level Championship conducted by Equestrian Federation of India</p> | |

PHYSICAL EFFICIENCY TEST (PET)

- | | | | |
|-----|------------|---|-------------------|
| (a) | 2.4 K.M. | : | 10 Minutes 30 Sec |
| (b) | Sit Ups | : | 20 in 30 Sec |
| (c) | Push Ups | : | 30 Continuously |
| (d) | Board Jump | : | 6 Feet |

SKILL TEST

- | | | | |
|----|---------------------------------|---|------------------------------|
| 1. | Mount/dismount without stirrups | - | Clean mounting. |
| 2. | Raising/Sitting Trot | - | Able to ride efficiently |
| 3. | Show Jumping | - | Able to jump up to 5 fences. |

Note:-

- Physical Efficiency test will be only qualifying in nature and will not carry any marks.
- Final selection will be based on the performance given by the candidate in the trial test before board.

QUALITATIVE REQUIREMENT FOR ENROLMENT OF SPORTSMEN
(FOOTBALL)

| Eligibility Criteria | Remarks |
|--|---------|
| A playing member of a team participated in Senior/Junior National/Inter University/State Championship or member of medal winning team in School National Games | |

General test consisting of following events will be conducted:-

1. **PHYSICAL EFFICIENCY TEST (PET)**

- | | | | |
|-----|------------|---|-------------------|
| (a) | 2.4 K.M. | : | 10 Minutes 30 Sec |
| (b) | Sit Ups | : | 20 in 30 Sec |
| (c) | Push Ups | : | 30 Continuously |
| (d) | Board Jump | : | 6 Feet |

2. **SKILL TEST**

- | | | | | |
|-----|------------|---|------|--|
| | | : | i) | 20 Mtrs Sprint in 3.50 Sec. |
| | | | ii) | 60 Mtrs Sprint in 9.30 Sec. |
| | | | iii) | 100 Mtr Sprint in 13.30 Sec. |
| (a) | Skill Test | : | | Individually and with opponent. |
| (b) | Game test | : | | with team one full match. The player will be made to play at the position suits best to him. |

Note :-

- Physical Efficiency test will be only qualifying in nature and will not carry any marks.
- Final selection will be based on the performance given by the candidate in the trial test before board.

APPENDIX 'G'

QUALITATIVE REQUIREMENT FOR ENROLMENT OF SPORTSMEN
(GYMNASTICS)

| Eligibility Criteria | Remarks |
|---|----------------|
| A candidate should have participated in Senior/Junior National Championship /Games or should be gold medalist in State School Games or Bronze medalist in Inter University Games. | |

PHYSICAL EFFICIENCY TEST (PET)

| | | | |
|-----|------------|---|-------------------|
| (a) | 2.4 K.M. | : | 10 Minutes 30 Sec |
| (b) | Sit Ups | : | 20 in 30 Sec |
| (c) | Push Ups | : | 30 Continuously |
| (d) | Board Jump | : | 6 Feet |

Skill Test

| |
|--|
| Constable |
| Candidate will have to secure marks above 62 during test trial in all six apparatus out of 120points. |
| Candidate will have to perform one 'D' class on any three apparatus and two 'C' class exercises on five apparatuses. |
| <u>Minimum Vault value</u> |
| 13.20 Pts out of 20 pts |

Note:-

1. Physical Efficiency test will be only qualifying in nature and will not carry any marks.
2. Final selection will be based on the performance given by the candidate in the trial test before board.

QUALITATIVE REQUIREMENT FOR ENROLMENT OF SPORTSMEN
(HANDBALL)

| Eligibility Criteria | Remarks |
|---|----------------|
| A playing member of a team participated in Senior/ Junior National/Inter University/State Championship or member of Gold medal winning team in National School Games Inter School /College Games. | |

PHYSICAL EFFICIENCY TEST :

- | | | | |
|----|-----------------------|---|-----------------|
| a. | 2.4 Km Run | : | 10 Min 30 Sec |
| b. | Sit Ups | : | 29 in 40 Sec |
| c. | Push Ups | : | 30 Continuously |
| d. | Board Jump | : | 6 Feet |
| e. | 30 Mtr sprint | : | 4.70 Sec |
| f. | Vertical Jump & Reach | : | Above 40 Cms |

SKILL TEST

- | | | | |
|----|---------------|---|--|
| a. | Shooting test | : | 20 attempts from different angles with at least 50% suits. |
| b. | Game test | : | With the team are full match. The player made to play at the position suits best to him. |

Note:-

1. Physical Efficiency test will be only qualifying in nature and will not carry any marks.
2. Final selection will be based on the performance given by the candidate in the trial test before board.

QUALITATIVE REQUIREMENT FOR ENROLMENT OF SPORTSMEN**(HOCKEY)**

| Eligibility Criteria | REMARKS |
|---|----------------|
| A playing member of a team participated in Senior/ Junior National/Inter University/State Championship or member of Gold medal winning team in National School Games Inter School /College Games. | |

PHYSICAL EFFICIENCY TEST

- | | | | |
|-----|------------|---|-------------------|
| (a) | 2.4 K.M. | : | 10 Minutes 30 Sec |
| (b) | Sit Ups | : | 20 in 30 Sec |
| (c) | Push Ups | : | 30 Continuously |
| (d) | Board Jump | : | 6 Feet |

SKILL TEST

- | | | | |
|-----|------------|---|---|
| (a) | Speed Test | : | i) 20 Mtrs Sprint in 3.20 Sec minimum. ii) 60 Mtrs Sprint in 9.30 Sec minimum. iii) 100 Mtr Sprint in 13.30 Sec minimum. iv) Straight/Reverse hitting. vi) Push vii) Flick viii) Scoop ix) Shoot at Goal x) Knowledge of the game xi) Penalty Corner |
| (b) | Game test | - | With the team one full match. The candidates will be made to play at the position suits best to him. |

NOTE:-

- Physical Efficiency test will be only qualifying in nature and will not carry any marks.
- Final selection will be based on the performance given by the candidate in the trial test before board.

**QUALITATIVE REQUIREMENT FOR ENROLMENT OF SPORTSMEN
(JUDO)**

| Eligibility Criteria | Remarks |
|---|---------------------------|
| A candidate should have participated in Senior/Junior National Championship/Games or should be gold medalist in National School Games or Bronze medalist in Inter University Games. | |
| PHYSICAL EFFICIENCY TEST | |
| <u>Below 73 Kg</u> | <u>Above 73 Kg</u> |
| a. 100 m sprint - 15 Sec | 16 Sec |
| b. 1500 m Run - 6 Min 30 Sec | 7 Min |
| c. Sit Ups - 30 Cont | 30 Cont |
| d. Dips - 30 Cont | 30 Cont |
| e. Standing broad Jump - 7 Feet | 6 Feet |

SKILL TEST

Two Bouts of 5 Mtrs with the opponent in the same Weight Category with a break of 10 Minutes in between the bouts.

Note :-

1. Physical Efficiency test will be only qualifying in nature and will not carry any marks.
2. Final selection will be based on the performance given by the candidate in the trial test before board.

QUALITATIVE REQUIREMENT FOR ENROLMENT OF SPORTSMEN
(KABADDI)

Eligibility Criteria

A playing member of a team participated in Senior/ Junior National/ Inter University/ State Championship or member of Gold medal winning team National School Games.

Remarks

PHYSICAL EFFICIENCY TEST

- | | | |
|----|------------------------|---------------------|
| a. | 2.4 KM Run | 10 Min 30 Sec |
| b. | Sit Ups | 20 Nos in 30 Sec |
| c. | Push Ups | 30 Nos continuously |
| d. | Broad Jump standing | 6 Feet |

SKILL TEST

- | | | |
|-----|-----------|---|
| (a) | Skill Run | In Kabaddi Court for 30 Sec |
| (b) | Game test | In Kabaddi Court with the team on full match. |

Note:-

1. Physical Efficiency test will be only qualifying in nature and will not carry any marks.
2. Final selection will be based on the performance given by the candidate in the trial test before board.

QUALITATIVE REQUIREMENT FOR ENROLMENT OF SPORTSMEN

(VOLLEYBALL)

| Eligibility Criteria | Remarks |
|---|----------------|
| A playing member of a team participated in Senior/ Junior National/Inter University/State Championship or member of Gold medal winning team in School National Games. | |

PHYSICAL EFFICIENCY TEST

- | | | |
|----|------------------------|---------------------|
| a. | 2.4 KM Run | 10 Min 30 Sec |
| b. | Sit Ups | 20 Nos in 30 Sec |
| c. | Push Ups | 30 Nos continuously |
| d. | Broad Jump standing | 6 Feet |

SKILL TEST

- | | | | |
|----|-----------------------|---|---|
| a. | Speed Test | : | 20 Mtrs Sprint in 3.20 Sec minimum. |
| b. | Endurance test | : | 2.4 Kms in 10 Min 30 Sec |
| c. | Vertical Jump & Reach | : | 45 Cms |
| d. | Sit Ups | : | 25 Per Min. |
| e. | Game test | : | One complete match with the team. The player playing at different positions. |

Note:-

1. Preference should be given to the players with a height above 185 Kms. However candidate with above 178 Cms height can be considered to play as Libro subject to his participation in National level Volleyball Championship and before the board.
2. A player with a height of 195 Cms, and above with lesser standards than that mentioned above but has the potential of becoming a good player of National and International standing, such promising talent so spotted should also be considered for enrolment as constable.
3. Physical Efficiency test will be only qualifying in nature and will not carry any marks.
4. Final selection will be based on the performance given by the candidate in the trial test.

QUALITATIVE REQUIREMENT FOR ENROLMENT OF SPORTSMEN**(WEIGHT LIFTING)**

| Eligibility Criteria | Remarks |
|---|----------------|
| A candidate should have participated in Senior/Junior National Championship/Games or should be gold medalist in National School Games or Bronze medalist in Inter university Games. | |

PHYSICAL EFFICIENCY TEST

- | | | |
|----|---------------------|---------------------|
| a. | 1000 Mtr | 6 Min 30 Sec |
| b. | Sit Ups | 20 Nos in 30 Sec |
| c. | Push Ups | 30 Nos continuously |
| d. | Broad Jump standing | 6 Feet |

Candidate should have to lift weight as mentioned below in various weight categories to become eligible for enrolment in the rank of constable:-

| Wt. Category | Snatch | Jerk | Total | Remarks |
|---------------------|---------------|-------------|--------------|----------------|
| 56 Kgs | 90 | 117 | 217 | |
| 62 Kgs | 110 | 130 | 240 | |
| 69 Kgs | 110 | 150 | 260 | |
| 77 Kgs | 130 | 150 | 280 | |
| 85 Kgs | 130 | 160 | 290 | |
| 94 Kgs | 135 | 165 | 300 | |
| 105 Kgs | 140 | 170 | 310 | |
| 110 Kgs | 145 | 170 | 315 | |

Note:-

- The candidate should have lifted the above Weight in the Senior National/ Junior National championship/Games or should be Gold medalist in National School Games or Bronze medalist in Inter University Games and should also achieve the same standard during trials before the recruitment board.
- Physical Efficiency test will be only qualifying in nature and will not carry any marks.
- Final selection will be based on the performance given by the candidate in the trial test before board.

QUALITATIVE REQUIREMENT FOR ENROLMENT OF SPORTSMEN

(WATER POLO)

| Eligibility Criteria | Remarks |
|---|----------------|
| A playing member of a team participated in Senior National/Junior National Inter University/State Championship or member of Gold medal winning team in School National Games. | |

GENERAL TEST

- | | | | |
|----|---------------------|---|--------------------------|
| a | Endurance test | - | 2.4 Kms in 10 Min 30 Sec |
| b. | Sit Ups | | 20 Nos in 30 Sec |
| c. | Push Ups | | 30 Nos continuously |
| d. | Broad Jump standing | | 6 Feet. |

SKILL TEST

- | | | | |
|-----|---------------------|---|----------------------------------|
| (a) | 100 m Swimming | - | 02 Minutes. |
| (b) | Shooting Skill Test | - | 20 Shoots with 50% score. |
| (c) | Games test | - | One complete match with the team |

Note:-

1. Physical Efficiency test will be only qualifying in nature and will not carry any marks.
2. Final selection will be based on the performance given by the candidate in the trial test before board.

QUALITATIVE REQUIREMENT FOR ENROLMENT OF SPORTSMEN
(WRESTLING)

| Eligibility Criteria | Remarks |
|---|----------------|
| <p>A candidate should have participated Senior National Championship/Games. Or</p> <p>Candidate should have won any medal in Junior National Championship/ Senior State Wrestling Championship/Inter University/School National Games or cadet Wrestling National championship.</p> | |

PHYSICAL EFFICIENCY TEST:

| | <u>Below 74 Kg</u> | <u>Above 74 Kg</u> |
|---------------------|---|---------------------------|
| a) 1500Mtrs Run | 6 Min 30 Sec | 7 Min : 00 Sec |
| b) 100 Mtr sprint | 16 Sec | 18 Sec |
| c) Broad Jump : | 6 Feet | |
| d) Finger Pushup : | 15 Nos in 20 Sec | |
| e) Pushups normal : | 20 Nos in 30 Sec (25 Dips for Heavy Weight) | |
| f) Squatting : | 40 Nos in 60 Sec | |
| g) Rope climbing : | Two times (Not for heavy weight) | |

SKILL TEST

Three Bouts of two Minutes each with 30 Sec rest between the bouts. The bouts will be held as per FILA.

Note :-

1. Physical Efficiency test will be only qualifying in nature and will not carry any marks.
2. Final selection will be based on the performance rendered by the candidate in the trial test before board.

QUALITATIVE REQUIREMENT FOR ENROLMENT OF SPORTSMEN
(WATER SPORTS)

| Eligibility Criteria | Remarks |
|--|----------------|
| <u>Team event</u> A playing member of a team participated in Senior/ Junior National/Inter University/State Championship or member of Gold medal winning team in stateSchool Games. | |
| <u>Individual event</u> A candidate should have participated in Senior/Junior National Championship/Games or should be gold medalist in State school Games or Bronze medalist in Inter University Games. | |

PHYSICAL EFFICIENCY TEST

1. Endurance 2.4 K. M. - 10 Min 30 Sec
2. Pushups - 25 Continuously
3. Sit Ups - 20 in 30 Seconds.
4. Standing Broad Jump - 6 Feet.

TIME TRIALS

| S.NO. | EVENTS | TIMINGS | REMARKS |
|---------------------------------|---------------|-----------------|----------------|
| KAYAKING | | | |
| 1. | K-1(1000 MTR) | 4 MIN 25.21 SEC | |
| CANOEING | | | |
| 1. | C-1(1000 MTR) | 5 MIN 06.16 SEC | |
| ROWING (ARGO METER TEST) | | | |
| 1. | 2000 Meter | 7 MIN 50.00 SEC | |

Note:-

1. The candidate should have clocked above timings in the Senior/ Junior National/Inter University/State Championship or member of Gold medal winning team in stateSchool Games and should also achieve the same during trial before the recruitment Board.
2. Physical Efficiency test will be only qualifying in nature and will not carry any marks.
3. Trial will be conducted for a distance 1000 meters in Kayaking, Canoeing and 2000 meters in Rowing on Argo Meter.
4. Final selection will be based on the performance given by the candidate in the trial test before board.

QUALITATIVE REQUIREMENT FOR ENROLMENT OF SPORTSMEN
SWIMMING(AQUATIC)

PHYSICAL EFFICIENCY TEST

- | | | | |
|----|---------------------|---|-------------------|
| 1. | Endurance 2.4 K. M. | - | 10 Min 30 Sec |
| 2. | Pushups | - | 25 Continuously |
| 3. | Sit Ups | - | 20 in 30 Seconds. |
| 4. | Standing Broad Jump | - | 6 Feet. |

SKILL TEST

| SN | Events | Time |
|-----|---------------------------|--|
| 1. | 50 M F/Style | Under 00.28.00 Sec |
| 2. | 100 M F/Style | Under 01 Min 02.00 Sec |
| 3. | 200 M F/Style | Under 02 Min 15.00 Sec |
| 4. | 400 M F/Style | Under 04 Min 55.00 Sec |
| 5. | 1500 M F/Style | Under 19 Min 20.00 Sec |
| 6. | 50 M Back Stroke | Under 00.35.00 Sec |
| 7. | 100 M Back Stroke | Under 01 Min 15.00 Sec |
| 8. | 200 M Back Stroke | Under 02 Min 40.00 Sec |
| 9. | 50 M Back Stroke | Under 00.37.00 Sec |
| 10. | 100 M Breast Stroke | Under 01 Min 55.00 Sec |
| 11. | 200 M Breast Stroke | Under 02 Min 50.00 Sec |
| 12. | 50 M Individual Medley | Under 00 Min 31.00 Sec |
| 13. | 100 M Butter Fly | Under 01 Min 15.00 Sec |
| 14. | 200 M Butter Fly | Under 02 Min 32.00 Sec |
| 15. | 200 M Individual Medley | Under 02 Min 40.00 Sec |
| 16. | 400 M Individual Medley | Under 05 Min 40.00 Sec |
| 17. | 1 Mtr Spring Board Diving | Should have represented State or Inter University or Gold medalist of school National Games. |
| 18. | 3 Mtr Spring Board Diving | Should have represented state or Inter University or Gold medalist of School National Games. |
| 19. | Platform Diving | Should have represented State or Inter University or Gold medalist of School National Games. |

Note :-

- The candidate should have clocked above timings in the National Championship or National Games or Inter State or Inter University or in State/Junior National Championship or Gold medalist of School National Games and should also achieve the same standard during the trial before the recruitment board.
- Physical Efficiency test will be only qualifying in nature and will not carry any marks.
- Final selection will be based on the performance given by the candidate in the trial test before board.

Appendix 'R'

**QUALITATIVE REQUIREMENT FOR ENROLMENT OF SPORTSMEN IN CENTRAL
SPORTS INSHOOTING TEAM**

| Eligibility Criteria | Remarks |
|--|---------|
| ISSF Civilian /Open matches in Senior or Junior National Shooting Championship competitions. | |
| Any medal in National Games. | |

PHYSICAL EFFICIENCY TEST

1. Endurance 2.4 K. M. - 10 Min 30 Sec
2. Pushups - 25 Continuously
3. Sit Ups - 20 in 30 Seconds.
4. Standing Broad Jump - 6 Feet

SKILL TEST: (Half match as per ISSF Rules & regulation) :-

| SN | Match Name | Min score to be achieved in trial test Score |
|----|---------------------------|---|
| 1 | .177 Air Rifle | 285 |
| 2 | .22 Free Rifle Prone | 285 |
| 3 | .22 Free Rifle 3 position | 565 |
| 4 | .177 Air Pistol | 280 |
| 5 | .22 Free Pistol | 260 |
| 6 | .22 Std Pistol | 275 |
| 7 | .22 Rapid Fire Pistol | 275 |
| 8 | .32 Centre Fire Pistol | 280 |

Note:-

- 1 Physical Efficiency test will be only qualifying in nature and will not carry any marks.
- 2 Final selection will be based on the performance given by the candidate in the trial test before board.

2. The Director
Doordarshan Kendra
(Employment news section)
All States/UTs : For announcement on TV through regular employment news, please.
3. The District Magistrate/Supdt. Of
Police all Distts of All States/UTs : Alongwith a copy of advertisement for wide publicity.
4. The Chairman of Employment
Exchange of All States/UTs -do-
5. The Asstt Business Manager
(Advtg), Employment News,
East Block- IV R K Puram,
New Delhi 110022 : -do-
6. State SC/ST & Minority
Commissions of All States/UTs : -do-
7. The President EX-BSF welfare
Association, All States/UTs : -do-
8. The Director General Resettlement,
Ministry of Defence, Govt of India,
West Block-IV, R K Puram, New
Delhi-110066 : -do-
9. All Dtes/All Ftr HQrs/ ALL SHQrs/All Units/Trg Institutions
BSF/DIG (HQ) FHQ : -do- THROUGH IPP
- ✓ 10. IT Wing FHQ BSF New Delhi : Alongwith copy of advertisement for uploading in
BSF Website
11. Trg Dte, FHQ BSF (Sports Cell) : For info and n/a please.

